

Park Slope Collegiate

Middle School Sport Syllabus

Monthly Sport Schedule

Month	Unit Focus	Skills & Goals
September	Soccer	Dribbling, passing, shooting, teamwork, spacing, and game awareness.
October	European Handball	Throwing accuracy, movement off the ball, communication, and defensive strategies.
November	Badminton	Serving, racket control, footwork, and game rules/scoring.
December	Volleyball	Passing, setting, serving, rotation, and teamwork.
January	Basketball	Dribbling, shooting form, passing, defense, and offensive spacing.
February	Four Square	Hand-eye coordination, reaction time, strategy, and fair play.
March	Soccer / Volleyball	Revisiting key skills, applying game strategies, and team tournaments.
April	Basketball / Badminton	Refining advanced techniques and promoting personal skill growth.
May	Wiffleball / Kickball	Batting, fielding, teamwork, and rules of play.
June	Student Choice Month	Students vote on their favorite sport to revisit and celebrate year-end progress.

Expectations/Grade

- Come prepared with proper athletic shoes and attire.
- Show respect for peers, equipment, and space.
- Give your best effort — focus on improvement, not perfection.
- Support classmates and practice good sportsmanship.

Assessments

- Teacher Clipboard
- Peer Assessments (Tournaments)
- Exit Tickets

